

# VIA VARSITY



## WAVE ITALY 2026 YOUTH VOLLEYBALL CAMP

### Frequently Asked Questions

#### **PASSPORT, VISA & ENTRY REQUIREMENTS**

##### **What documents are required to enter Italy?**

U.S. citizens must hold a valid passport that remains valid for at least six months beyond the date of reentry to the United States. No visa is required for short stays. Non-U.S./Canadian citizens must verify entry requirements with the Italian consulate.

##### **Does my daughter need additional documentation for camp participation?**

Yes. Players must provide a valid medical certificate for sports participation or a copy of an existing valid sports medical certificate already on file with their home club.

#### **TRANSFERS & SUPERVISION**

##### **How are transfers handled?**

Families book their own flights to Italy. Shuttle services to camp are included and arranged by Via Varsity. Via Varsity is not responsible for airline disruptions.

##### **Who supervises the players?**

Federico Severi (Club Director) and Hudson Wave Chaperones will supervise the players throughout the program alongside the Italian camp technical staff.

#### **CAMP STRUCTURE**

##### **What ages can participate?**

Players aged 13–18 are eligible and will be grouped by age and level.

##### **What does a typical day include?**

Morning and afternoon training sessions, supervised beach/pool time, evening group activities, and cultural experiences.

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## **PACKING LIST**

Training & Sports: 8–10 training sets, volleyball shoes, knee pads, 10–12 socks, water bottle, gym backpack.

Clothing: Free-time clothing, 2 tracksuits, long comfortable pants, closed shoes, slippers, swimsuits, beach towel, bathrobe.

Personal Care: Toiletry bag, sunscreen, mosquito repellent, flip flops, hairdryer, laundry bag.

Weather Protection: Light rain jacket, foldable umbrella, hat, bandana.

Money: Small wallet for personal spending money. Laundry service is not available.

## **HEALTH & SAFETY**

### **What if my daughter takes medication?**

All medications must be delivered to staff with medical prescription and written dosage instructions.

### **Is there medical staff on site?**

Yes. The facility has a medical center. Nurses and qualified first-aid staff are present during training.

### **What about food allergies?**

Facilities accommodate allergies with proper medical documentation provided in advance.

## **COMMUNICATION**

### **Can I call my daughter?**

Yes, during non-training hours. Phone use is limited to free time and remains the player's responsibility.

### **Who do I contact during camp?**

An emergency contact number and email will be provided before departure.

## **MONEY & PERSONAL ITEMS**

The stay is all-inclusive. Money is only needed for small personal expenses. Avoid sending valuable items.

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## **ROOM ASSIGNMENTS**

Roommate requests may be considered but are not guaranteed. Assignments depend on age grouping and availability.

## **WEATHER & PRACTICAL INFORMATION**

Summer in Italy is warm and humid. Light clothing and a jacket are recommended.

Italy uses 220–240V electricity (plug types C, F, L). Bring a universal adapter.

Italy is 6 hours ahead of Eastern Time.

Italy uses the Euro. Visa and Mastercard are widely accepted; notify your bank before travel.

## **INSURANCE REQUIREMENT**

All participants must carry international travel medical insurance including emergency medical, evacuation, and repatriation coverage.

## **ADDITIONAL QUESTIONS**

If your question is not addressed here, please contact Via Varsity directly at [info@viavarsity.com](mailto:info@viavarsity.com) or to Hudson Wave Club Director Federico Severi at [fede@hudsonwavevolleyball.com](mailto:fede@hudsonwavevolleyball.com).